

Dawn Leonard

Work Experience

FREE SPIRITS YOGA

Yoga Instructor; Greensboro, NC

Private studio. Teaching two Alignment-Based classes per week. Max 10 students per class. Includes instruction on asana, pranayama, mantra, and philosophy. Participation in yoga community leadership. *July 2011 - present*

GUILFORD COLLEGE

Part-Time Faculty, Yoga Instructor; Greensboro, NC

Teaching three 1-credit, 75-minute PE classes; 5 classes per week. Max. 20 students per class. Includes instruction on asana, pranayama, and philosophy. *August 2010 - present*

URBAN HARVEST

Co-Founder; Greensboro, NC

Initiated the development of an urban agriculture non-profit from start-up including recruiting Managing Members, recruiting clients and organizing people and resources to become a cohesive non-profit; *Sept 2008 - June 2011*

GROWING POWER

Intern; Milwaukee, WI

Daily maintenance of an urban farm; feeding animals; bee keeping; planting and plant maintenance. *June-July 2009*

MADMONK INTERACTIVE

Interactive Designer; Greensboro, NC

Design and development of interactive websites and web applications; web strategy and architecture; project and production management; *September 2007 - May 2009*

TRIAD YOGA INSTITUTE

Teacher and Assistant; Greensboro, NC

Teach weekly 90-minute class to various levels; assist instructor. *June - December 2008*

GALTELLI DESIGN

Graphic Designer; Greensboro, NC

Design and production of printed and web material, Flash and HTML coding, creation of databases, project management; *July 2005 - September 2007*

U.S. PEACE CORPS

Youth at Risk/ Information Technology Advisor; Mandeville, Jamaica
Manchester Health Department; Adolescent Care Centre Facilitating the development of an adolescent clinic and club; teaching and monitoring computer use; *2003-2004*

Education

TRIAD YOGA INSTITUTE

Greensboro, North Carolina

Yoga Alliance 200-hr RYT certification; *2007-2008*

Continuing Education and 500-hr Teacher Training Modules

95 hours; *September 2007- present*

IOWA STATE UNIVERSITY

Ames, Iowa; College of Design

Bachelor of Fine Arts, emphasis in graphic design

Minor in music, emphasis in oboe performance; *1998-2002*

References

BOB MALEKOF

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SUZANNE NEWTON

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JERRY LEIMENSTOLL

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