

Dawn Leonard

Work Experience

- FREE SPIRITS YOGA** **Yoga Instructor;** Greensboro, NC
Private studio. Teaching two Alignment-Based classes per week. Max 10 students per class. Includes instruction on asana, pranayama, mantra, and philosophy. Participation in yoga community leadership. *July 2011 - present*
- GUILFORD COLLEGE** **Part-Time Faculty, Yoga Instructor;** Greensboro, NC
Teaching three 1-credit, 75-minute PE classes; 5 classes per week. Max. 20 students per class. Includes instruction on asana, pranayama, and philosophy. *August 2010 - present*
- URBAN HARVEST** **Co-Founder;** Greensboro, NC
Initiated the development of an urban agriculture non-profit from start-up including recruiting Managing Members, recruiting clients and organizing people and resources to become a cohesive non-profit; *Sept 2008 - June 2011*
- GROWING POWER** **Intern;** Milwaukee, WI
Daily maintenance of an urban farm; feeding animals; bee keeping; planting and plant maintenance. *June-July 2009*
- MADMONK INTERACTIVE** **Interactive Designer;** Greensboro, NC
Design and development of interactive websites and web applications; web strategy and architecture; project and production management; *September 2007 - May 2009*
- TRIAD YOGA INSTITUTE** **Teacher and Assistant;** Greensboro, NC
Teach weekly 90-minute class to various levels; assist instructor. *June - December 2008*
- GALTELLI DESIGN** **Graphic Designer;** Greensboro, NC
Design and production of printed and web material, Flash and HTML coding, creation of databases, project management; *July 2005 - September 2007*
- U.S. PEACE CORPS** **Youth at Risk/ Information Technology Advisor;** Mandeville, Jamaica
Manchester Health Department; Adolescent Care Centre Facilitating the development of an adolescent clinic and club; teaching and monitoring computer use; *2003-2004*

Education

- TRIAD YOGA INSTITUTE** **Greensboro, North Carolina**
Yoga Alliance 200-hr RYT certification; *2007-2008*
Continuing Education and 500-hr Teacher Training Modules
95 hours; *September 2007- present*
- IOWA STATE UNIVERSITY** **Ames, Iowa; College of Design**
Bachelor of Fine Arts, emphasis in graphic design
Minor in music, emphasis in oboe performance; *1998-2002*

References

- BOB MALEKOF** **Guilford College** rmalekof@guilford.edu
SUZANNE NEWTON **New Garden Yoga** susanne.m.newton@gmail.com
JERRY LEIMENSTOLL **Ramsay Leimenstoll, Architect** jleimenstoll@triad.rr.com